

## Person-Centered Planning Quick Reference Guide

### What is person-centered planning?

- Person-centered planning is a process of determining real-life outcomes with individuals and developing strategies to achieve those outcomes.
- In person-centered planning, groups of people chosen by the member or the member's representative focus on that person's vision of what they would like to do in the future.
- This "person-centered" team meets to identify and support opportunities for the member to:
  - Develop personal relationships
  - Participate in their community
  - Increase control over their own lives
  - Develop the skills and abilities needed to achieve these goals
- Person-centered planning depends on the commitment of a team of individuals who care about the member.
- The member and the person-centered team take action to make sure that the strategies discussed in planning meetings are implemented.

### Purpose of person-centered planning

- To assist the member in gaining control over their own life
- To increase opportunities for participation in the community
- To recognize individual desires, interest and dreams
- Through team effort develop a plan to turn dreams into reality

### You will learn:

- The values and philosophy of person-centered planning
- An overview of the person-centered planning process
- Preparation needed in advance of the first planning meeting
- Designing the plan
- How to empower the member to make informed choices

### Resources

Person Centered- Thinking Training Podcast Series URLs	Password
<a href="https://centene.gumuccloud.com/view/PCT-Provider-1-Podcast">https://centene.gumuccloud.com/view/PCT-Provider-1-Podcast</a>	PCT21PvdSr1)sf
<a href="https://centene.gumuccloud.com/view/PCT-Provider-2-Podcast">https://centene.gumuccloud.com/view/PCT-Provider-2-Podcast</a>	PCT21PvdSr2)eb
<a href="https://centene.gumuccloud.com/view/PCT-Provider-3-Podcast">https://centene.gumuccloud.com/view/PCT-Provider-3-Podcast</a>	PCT21PvdSr3)dk
<a href="https://centene.gumuccloud.com/view/PCT-Provider-4-Podcast">https://centene.gumuccloud.com/view/PCT-Provider-4-Podcast</a>	PCT21PvdSr4)jd

Resources for Person-Centered planning can also be found on the South Carolina Department of Health and Human Services website on the Resources for Person-Centered Planning page (<https://msp.scdhhs.gov/hcbs/site-page/resources-person-centered-planning>).