

Effective date: 04/01/2019



Absolute Total Care Preferred Drug List (PDL) Updates – Q1 2019

Absolute Total Care reviews the medications available in the Preferred Drug List (PDL) often. Items are sometimes added, removed, or changed. This is because of industry standards, market availability, and/or assessment of use. Below is the list of changes to the published PDL this quarter.

Brand Name	Ingredients	Dosage Form	Strength	Update	Notes
Delstrigo	Doravirine-Lamivudine-Tenofovir DF	Tablet	100-300-300 mg	ADD	Add to PDL; QL = 1 tablet/day; Add ST to try Symfi
Odefsey	Emtricitabine-Rilpivirine-Tenofovir	Tablet	200-25-25 mg	ADD	Add to PDL; Add ST to try Symfi
Nuplazid	Pimavanserin Tartrate	Capsule	10 mg; 34 mg	ADD	Add to PDL; PA; QL = 1 tablet/day
Symtuza	Darunavir-Cobic-Emtricitab-Tenofovir AF	Tablet	800-150-200-10 mg	ADD	Add to PDL; QL = 1 tablet/day; Add ST to try Symfi
Zetia	Ezetimibe	Tablet	10 mg	ADD	Add to PDL; Add ST
Vytorin	Ezetimibe-Simvastatin	Tablet	10-10 mg; 10-20 mg; 10-40 mg; 10-80 mg	CHANGE	Add ST

For the more information, call Member Services at 1-866-433-6041 (TTY: 711) or visit the Absolute Total Care website at absolutetotalcare.com.