

SUBMIT TO  
Utilization Management Department  
Phone: 1-855-766-1497 Fax: 1-877-725-7751



## ELECTROCONVULSIVE THERAPY (ECT) AUTHORIZATION REQUEST FORM

Please print clearly – incomplete or illegible forms will delay processing.

### DEMOGRAPHICS

Patient Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Social Security #: \_\_\_\_\_

Patient ID: \_\_\_\_\_

Last Auth #: \_\_\_\_\_

### PREVIOUS BH/SUD TREATMENT

None or  OP  MH  SUD and/or  IP  MH  SUD

List names and dates, include hospitalizations: \_\_\_\_\_

Substance Abuse  None  By History and/or  Current/Active

Substance(s) used, amount, frequency, and last used: \_\_\_\_\_

### CURRENT ICD DIAGNOSIS

Primary: \_\_\_\_\_

R/O: \_\_\_\_\_ R/O: \_\_\_\_\_

Secondary: \_\_\_\_\_

Tertiary: \_\_\_\_\_

Additional: \_\_\_\_\_

Additional: \_\_\_\_\_

### CURRENT RISK/LETHALITY

	1 NONE	2 LOW	3 MOD*	4 HIGH*	5 EXTREME*
Suicidal	<input type="checkbox"/>				
Homicidal	<input type="checkbox"/>				
Assault/Violent Behavior	<input type="checkbox"/>				
Psychotic Symptoms	<input type="checkbox"/>				

\*3, 4, or 5 please describe what safety precautions are in place

\_\_\_\_\_  
\_\_\_\_\_

### PROVIDER INFORMATION

Provider Name (print): \_\_\_\_\_

Hospital where ECT will be performed: \_\_\_\_\_

Professional Credential:  MD  PhD  Other \_\_\_\_\_

Physical Address: \_\_\_\_\_

Phone #: \_\_\_\_\_ Fax #: \_\_\_\_\_

TPI/NPI #: \_\_\_\_\_

Tax ID #: \_\_\_\_\_

### REQUESTED AUTHORIZATION FOR ECT

Please indicate type(s) of service provided by YOU and the frequency.

Total sessions requested: \_\_\_\_\_

Type Bilateral: \_\_\_\_\_ Unilateral: \_\_\_\_\_

Frequency: \_\_\_\_\_

Date first ECT: \_\_\_\_\_ Date last ECT: \_\_\_\_\_

Est. # of ECTs to complete treatment: \_\_\_\_\_

Requested start date for authorization: \_\_\_\_\_

Length: \_\_\_\_\_ Length of convulsion: \_\_\_\_\_

Has information been shared with the PCP regarding behavioral health provider contact information, date of initial visit, presenting problem, diagnosis, and medications prescribed (if applicable)?

PCP communication completed via:  Phone  Fax  Mail

Member refused by: \_\_\_\_\_

Coordination of care with other behavioral health providers? \_\_\_\_\_

Has informed consent been obtained from patient/guardian? \_\_\_\_\_

Date of most recent psychiatric evaluation: \_\_\_\_\_

Date of most recent physical examination and indication of an anesthesiology consult was completed: \_\_\_\_\_

**CURRENT PSYCHOTROPIC MEDICATIONS**

Name	Dosage	Frequency

**PSYCHIATRIC/MEDICAL HISTORY**

Please indicate current acute symptoms member is experiencing: \_\_\_\_\_  
\_\_\_\_\_

Please indicate any present or past history of medical problems including allergies, seizure history and if member is pregnant: \_\_\_\_\_  
\_\_\_\_\_

**REASON FOR ECT NEED**

Please objectively define the reasons ECT is warranted including failed lower levels of care (including any medication trials): \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Please indicate what education about ECT has been provided to the family and which responsible party will transport patient to ECT appointments: \_\_\_\_\_  
\_\_\_\_\_

**ECT OUTCOME**

Please indicate progress member has made to date with ECT treatment: \_\_\_\_\_  
\_\_\_\_\_

**ECT DISCONTINUATION**

Please objectively define when ECTs will be discontinued – what changes will have occurred: \_\_\_\_\_  
\_\_\_\_\_

Please indicate the plans for treatment and medication once ECT is completed: \_\_\_\_\_  
\_\_\_\_\_

**STANDARD REVIEW:**

Standard 14-day time frame will be applied.

**EXPEDITED REVIEW:** By signing below, I certify that applying the standard 14-day time frame could seriously jeopardize the member's health, life, or ability to regain maximum function.

\_\_\_\_\_  
Clinician Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Clinician Signature

\_\_\_\_\_  
Date

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