

ABOLUTE TOTAL CARE HEDIS TIP SHEET – ADULT MEASURES-MEDICAID

Key HEDIS Factors to Consider:

HEDIS data is collected through claims (administrative data) or *claims & medical record* data (Hybrid data).

- For claim (admin) data, procedure codes must reflect the actual service performed, general E&M codes *cannot* be counted for most measures (except Adult Access to Care).

Ambulatory /Preventive Health Services:

-Age Group: 20 and older

ICD-10: Z00.00, Z00.01, Z00.110, Z00.111, Z00.121, Z00.129, Z00.5-Z02.9, Z00.8

-Look back period: measurement year

-Requirements: an ambulatory or preventive care visit during the measurement year.

BMI Assessment:

-Age Group: 18 – 65 years

ICD-10: Z68.1-Z68.45

-Look back period: measurement year and prior year

-Requirements: documentation must include height, weight, and a BMI assessment at least every two years during any outpatient visit.

Adults 21 and older **must** have a BMI value documented; adults younger than 21 must have a BMI percentile, or plotted on age-growth chart.

A distinct value/percentile is required, NOT a range or threshold!

Comprehensive Diabetes Care:

-Age Group: 18 – 65 yrs. (with type 1 & 2 diabetes)

CPT: HbA1c test: 83036, 83037. Nephropathy Screening: CPT: 82042-82044, 84156, 81000 – 81003, 81005

-Look back period: measurement year (and prior year for Eye Exam)

-Requirements: HbA1c test (adequate control level is <8), Nephropathy screening or evidence of nephropathy, eye exam results from measurement year; or a negative retinal exam from prior year (no evidence of retinopathy).

Controlling High Blood Pressure:

-Age Group: 18 - 65 yrs., diagnosed with Hypertension

-Look back period: measurement year and prior years

-Requirements: BP adequately controlled during measurement year. Adequate control is <140/90 mg/dl

Diabetes Screening for People With Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications:

Age Group: 18-64 yrs.

CPT: Glucose test: 80047, 80048, 80050, 80053, 80069, 82947, 82950, 82951 CPT: HbA1c test: 83036, 83037

-Look back period: measurement year

-Requirements: members dispensed an antipsychotic medication and had a diabetes screening test during the measurement year.

Initiation and Engagement of Alcohol and Other Drug Dependence Treatment

-Population: adolescents & adults with NEW episode of AOD

-Requirements: Initiation: an inpatient AOD admission, outpatient visit, intensive outpatient encounter or partial hospitalization within 14 days of diagnosis; Engagement: initiation of ADO treatment and 2 or more additional services within 30 days.

Medication Management for People with Asthma:

-Age Group: 5 – 64 years, identified as having persistent asthma

-Look back period: measurement year and prior year

-Requirements: dispensed appropriate medications and remained on during treatment period within the past year.

Pharmacotherapy Management of COPD Exacerbation:

-Age Group: 40 years and older

-Look back period: measurement year

-Requirements: Systemic Corticosteroid: Rx dispensed within 14 days after episode. Bronchodilator: Rx dispensed within 30 days after episode.

Use of Appropriate Meds for People with Asthma:

-Age Group: 5-64 years (as of 12/31) with persistent asthma

-Look back period: measurement year and prior year

-Requirements: appropriately prescribed medication during measurement year.

Use of Imaging Studies for Low Back Pain:

-Age group: 18 - 50 years, with a primary diagnosis of low back pain

-Look back period: measurement year

-Requirements: an imaging study, i.e. plain x-ray, MRI or CT scan, within 28 days after the diagnosis.

Use of Spirometry Testing in the Assessment and Diagnosis of COPD:

-Age Group: 40 and older, newly diagnosed with COPD or newly active COPD

CPT: 94010, 94014-94016, 94060, 94070, 94375, 94620

-Look back period: measurement year and prior year

-Requirements: appropriate spirometry testing to confirm diagnoses; should be completed w/n 6 months of new diagnosis or exacerbation.