



## Person-Centered Planning Quick Reference Guide

### What is person-centered planning?

- Person-centered planning is a process of determining real-life outcomes with individuals and developing strategies to achieve those outcomes.
- In person-centered planning, groups of people chosen by the member or the member's representative focus on that person's vision of what they would like to do in the future.
- This "person-centered" team meets to identify and support opportunities for the member to:
  - Develop personal relationships
  - Participate in their community
  - Increase control over their own lives
  - Develop the skills and abilities needed to achieve these goals
- Person-centered planning depends on the commitment of a team of individuals who care about the member.
- The member and the person-centered team take action to make sure that the strategies discussed in planning meetings are implemented.

### Purpose of person-centered planning

- To assist the member in gaining control over their own life
- To increase opportunities for participation in the community
- To recognize individual desires, interest and dreams
- Through team effort develop a plan to turn dreams into reality

### You will learn:

- The values and philosophy of person-centered planning
- An overview of the person-centered planning process
- Preparation needed in advance of the first planning meeting
- Designing the plan
- How to empower the member to make informed choices

### Resources

Person-Centered Thinking for Providers training can be found within the [Centene Institute](http://www.centeneinstitute.com). Account set up and log-in is required and there is no charge for use of the site or any of the available training. This training is a 45-minute podcast series broken into four short, audio components that can be accessed on any device with internet connection via the link below:

<https://www.centeneinstitute.com/activities/6201948f5ae3f80009790fdf/sessions>

Upon completion of the course, physicians and nurses will receive 0.75 credits.

- ANCC – 0.75 (0 hour and 45 minutes)
- AMA PRA Category 1 Credit(s) - 0.75 (0 hour and 45 minutes)

Resources for Person-Centered planning can also be found on the South Carolina Department of Health and Human Services website on the Resources for Person-Centered Planning page (<https://msp.scdhhs.gov/hcbs/site-page/resources-person-centered-planning>).